

NSWWA Endorsed Competition Guidelines 2016

The conditions and requirements that must be adhered to when conducting an Endorsed NSWWA Weightlifting Competition are set out below.

An “Endorsed Weightlifting Competition” is a competition that has been submitted by the respective affiliated Club and approved by NSWWA and added to the AWF Calendar of Events. An Endorsed NSWWA Weightlifting Competition can be either an Endorsed Open Competition or an Endorsed Club Competition.

1. All Competitions that are sanctioned events by NSWWA must comply with the By-Laws and Technical rules of NSWWA and the AWF.
2. Any event listed on the NSW and AWF Calendar can only be contested by a person who has met the financial and administrative requirements of NSWWA and AWF. They must be Capitated on the AWF Website where all contact details are available.
3. Guest Lifters may be allowed to compete as long as they have obtained written permission to do so from NSWWA at least 3 weeks prior to an Endorsed Open Competition and 2 weeks prior to an Endorsed Club Competition. Guest Lifters must also pay the required Entry Fee nominated by NSWWA.
4. Each Endorsed Competition is to have a nominated Competition Secretary. A list of Entrants and Competition times will be coordinated as follows:
 - a) **Club Competitions** – A List of Entrants and Competition times will be drawn by the Competition Secretary once the Entry process has closed (72 hours prior as per AWF Rules).
 - b) **Open Competitions** – A List of Entrants and Competition times will be provided to the Competition Secretary by NSWWA, once the Entry process has closed.
5. Prior to the commencement of the Competition, NSWWA must perform the task of checking the preliminary list of entrants and session times provided by the Competition Secretary.
6. NSWWA **will not** endorse any Competitions held on the Friday prior to or the same weekend of the State Championships, Open Squad Training Camps, Ralph Cashman Open, the NSW Memorial Open Day, or any State held National Events (such as the U15 and 17s Championships, 9-10 July 2016).
7. No Competitions conducted before the 1st February 2016 will be endorsed by the NSWWA.

Selection on NSW Team for National Representation

1. Athletes must compete at their 'age related' NSWWA State Championships to be considered for selection on any NSW Team, including, but not limited to, the Team that will represent NSW at the National Championships.
2. NSWWA reserves the right to not select an Athlete who has not lifted at a State Championship.

Endorsed Open Competitions

Every affiliated Club may be allowed to host a maximum of 3 Open Competitions endorsed by NSWWA.

1. At an Endorsed Open Competition it will be possible to -
 - a) Establish NSW State Records
 - b) Establish AWF Records
2. Only a maximum of 25 Competitors will be allowed to compete in an Endorsed Open Competition. Competitions may therefore run for approximately 4 hours.
3. Every Open Competition will require payment of an Entry Fee of \$35 per person.
4. Entries must be received 14 days prior to the competition including payment via EFT, and the athlete must be a current member of NSWWA. Verifications and the Final List of Entries is to be finalised 72 hours before the event.
5. All Entry forms will be Online (and there will be an automatic indisputable cut off at the Closing Time). Entries will be on a 'first in first serve' basis.
6. Every Club hosting an Endorsed Open Competition will receive a 30% income rebate of the Entry fee received for that Endorsed Open Competition.
7. The 'hosting' Club must supply loaders for the Event. Loaders must wear presentable, consistent and appropriate attire.
8. The hosting Club must submit the name of the Competition Secretary in charge of the Event, 1 week prior to the Competition Entry form being listed on the website..
9. Referees will be allocated by the Technical Coordinator. All referees must be affiliated with NSWWA or another State Member of the AWF. The same referees can be utilised in consecutive sessions.

Endorsed Club Competitions

1. NSWWA may endorse a maximum of two Club Competitions which will be listed on the NSWWA Website and forwarded to the AWF for 2016.
2. Every Club is responsible for allocating three (3) Referees for each session. One of the three allocated referees in each session **must** be independent of the hosting Club.

NSWWA Training Camp Dates 2016 – NSWWA High Performance Centre

1. NSW Masters – Saturday 21st May 2016
2. NSW U15 and U17's – Saturday 25th June 2016
3. NSW Junior/Senior Championships – Saturday 20th August 2016

NSWWA High Performance Centre Competitions 2016

1. Ralph Cashman Open - Saturday 27th February 2016
2. NSW Masters / U15 – U17 Championships 2016 - Saturday 9th April 2016
3. NSW Junior/Senior Championships - Saturday 23rd July August 2016
4. NSW Memorial Day Open - Saturday 26th November 2016