

2008 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan

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MEN: TOP-25 ABSOLUTE - As at 30 June

56kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Hamizan Ibrahim Amirul	1981	MAS	55.81	121	141	262	27-Apr	Kanazawa, JPN
Mohd Syafiq Ismail	1988	MAS	55.70	108	131	239	2-Jun	Marang, MAS
Valluri Srinavasa Rao	1981	IND	55.93	102	135	237	27-Apr	Kanazawa, JPN
Emmanuel Akpan Obong	1988	NGR	55.98	106	130	236	13-May	Strand, RSA
K.K. Asanga	1987	SRI	55.80	100	131	231	25-Apr	Kandy, SRI
Abdullah Ghafoor		PAK	55.76	105	125	230	20-Mar	Lahour, PAK
Khairul Ridhwan	1990	MAS	55.45	100	125	225	2-Jun	Marang, MAS
Zaim Omar Wajdi	1990	MAS	54.85	95	128	223	2-Jun	Marang, MAS
Sanni Abere		NGR	56.00	97	120	217	27-Jan	Lagos, NGR
David Matam	1982	CMR	55.67	95	121	216	13-May	Strand, RSA
S.W. Panil	1990	IND	55.92	98	116	214	22-Jun	Pune, IND
Taju Giwa		NGR	55.20	95	117	212	27-Jan	Lagos, NGR
Ranjit	1991	IND	55.92	92	120	212	22-Jun	Pune, IND
Arjun Kumar Sahu	1990	IND	55.98	93	119	212	22-Jun	Pune, IND
Luwellyne Phillips	1989	RSA	55.59	96	115	211	13-May	Strand, RSA
Mohd Zair a Rahim	1988	MAS	52.00	93	117	210	2-Jun	Marang, MAS
Starron Dowabobo	1984	NRU	55.36	90	120	210	29-Mar	Auckland, NZL
W.G.K. Badar		SRI	55.20	90	115	205	13-Feb	Tehran, IRN
Asad Ullah Lone		PAK	55.60	92	112	204	20-Mar	Lahour, PAK
Ilyas Ghafoor		PAK	55.26	87	110	197	20-Mar	Lahour, PAK
Leo Kivave	1983	PNG	54.95	85	107	192	27-Apr	Port Moresby, PNG
Jonathan Coret	1989	MRI	55.90	82	110	192	29-Mar	Port Louis, MRI
Ianne Guinares	1988	NZL	55.30	80	111	191	12-Apr	Auckland, NZL
Arbin Singh		IND		82	105	187	7-Feb	Mysore, IND
Avantha Hewavitharana	1990	NZL	55.00	82	103	185	3-May	Auckland, NZL
62kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mahayudin Naharudin	1984	MAS	61.82	126	150	276	28-Apr	Kanazawa, JPN
Gbenga Olupona	1981	NGR	61.70	115	156	271	13-May	Strand, RSA
Jasvir Singh	1977	CAN	61.62	112	148	260	19-Mar	Callao, PER
Aamir Ali		PAK	61.92	119	140	259	20-Mar	Lahour, PAK
Daniel Koum Koum	1985	AUS	61.65	115	140	255	7-Jun	Melbourne, AUS
Usman Akbar	1982	PAK	61.42	113	141	254	20-Mar	Lahour, PAK
Mohd Osman	1988	MAS	60.40	113	140	253	3-Jun	Marang, MAS
Kailas Bandu Pujari	1980	IND	61.76	110	143	253	28-Apr	Kanazawa, JPN
Fauzi Hasibullah	1989	MAS	61.70	111	141	252	3-Jun	Marang, MAS
Simon Ngamba	1982	CMR	61.72	117	135	252	13-May	Strand, RSA
Shola Fadodun	1989	NGR	61.30	105	145	250	27-Jan	Lagos, NGR
D.M.I.C. Dissanayake	1988	SRI	59.90	110	135	245	25-Apr	Kandy, SRI
Yukar Sibi	1992	IND	61.74	100	143	243	22-Jun	Pune, IND
Joseph Ekani Belinga	1989	CMR	61.93	110	130	240	13-May	Strand, RSA
Ismail Katamba	1989	UGA	60.63	97	135	232	13-May	Strand, RSA
Gareth Evans	1986	WAL	60.20	105	125	230	14-Mar	Forst, GER
Starron Dowabobo	1984	NRU	60.20	95	130	225	25-Apr	NRU
Thushar	1990	IND	60.94	100	125	225	22-Jun	Pune, IND
Cody Cole	1990	NZL	61.71	101	124	225	29-Mar	Auckland, NZL
Ismaila Adams		NGR	60.50	100	120	220	27-Jan	Lagos, NGR
Steven Kari	1987	PNG	61.91	95	125	220	27-Apr	Port Moresby, PNG
H.V. Santosh Kumar		IND		96	123	219	7-Feb	Mysore, IND
Umar Farooq		PAK	58.56	100	115	215	20-Mar	Lahour, PAK
Oken Singh	1992	IND	60.94	90	120	210	22-Jun	Pune, IND
Philip Atonio		SAM	61.50	85	125	210	25-Apr	Apia, SAM

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasidis	1989	CYP	68.23	135	170	305	17-Apr	Lignana Sabbiadoro, ITA
Bernadin Kingue Matam	1990	CMR	68.20	135	165	300	14-May	Strand, RSA
P.K.N. Dayan	1980	SRI	68.50	130	170	300	25-Apr	Kandy, SRI
Mohd Faerul Talib	1986	MAS	68.86	132	168	300	29-Apr	Kanazawa, JPN
Yinka Ayenuwa	1986	NGR	68.07	128	170	298	14-May	Strand, RSA
Francis Luna-Grenier	1987	CAN	68.95	132	166	298	20-Mar	Callao, PER
Ben Turner	1985	AUS	68.95	128	165	293	7-Jun	Melbourne, AUS
Isiaka Aliyu	1985	NGR	68.53	130	160	290	14-May	Strand, RSA
Mark Spooner	1984	NZL	68.90	129	160	289	12-Apr	Auckland, NZL
Govindan Elumalai	1984	IND	68.45	130	158	288	29-Apr	Kanazawa, JPN
Otsile Greg Shushu	1980	RSA	66.26	125	160	285	14-May	Strand, RSA
Ravi Kumar Katulu	1988	IND	68.11	128	157	285	29-Apr	Kanazawa, JPN
Mohd Hafifi Mansour	1990	MAS	66.90	125	155	280	3-Jun	Marang, MAS
Ademola Ogunniyi		NGR	68.40	120	157	277	28-Jan	Lagos, NGR
Dominic Lussier	1984	CAN	68.90	120	152	272	20-Mar	Callao, PER
Umar Rasool Lone	1990	PAK	68.66	116	155	271	29-Mar	Lahour, PAK
Mati-ur-Rehman	1984	PAK	68.18	120	150	270	29-Mar	Lahour, PAK
Ankur Sharma		IND				270	21-Jan	Anandpur Sahib, IND
Gaurav Dubey	1990	IND	68.34	117	150	267	22-Jun	Pune, IND
Sudesh Peiris	1985	SRI	68.25	110	156	266	29-Apr	Kanazawa, JPN
Ika Aliklik	1985	NRU	69.00	115	145	260	25-Apr	NRU
Logona Esau	1986	TUV	68.90	108	150	258	27-Jun	Noumea, NCL
Toafitu Perive	1985	SAM	68.97	110	145	255	25-Apr	Apia, SAM
Tekaei Temake	1986	KIR	69.00	110	140	250	27-Jun	Noumea, NCL
K.G.G. Jayalath	1981	SRI	69.00	110	140	250	25-Apr	Kandy, SRI
77kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Felix Ekpo	1981	NGR	76.15	150	185	335	14-May	Strand, RSA
Richard Patterson	1983	NZL	76.60	140	176	316	12-Apr	Auckland, NZL
Darryn Anthony	1985	RSA	76.70	143	172	315	14-May	Strand, RSA
Yukio Peter	1984	NRU	76.82	135	180	315	30-Mar	Auckland, NZL
David Sarkisian	1986	AUS	76.90	132	171	303	15-Feb	Yeveran, ARM
Ben Turner	1985	AUS	74.43	130	165	295	30-Mar	Auckland, NZL
Bernadin Kingue Matam	1990	CMR	74.90	135	160	295	26-Jan	Clermont l'Herault, FRA
Mark Spooner	1984	NZL	75.20	130	163	293	24-Feb	Auckland, NZL
Francis Luna-Grenier	1987	CAN		125	165	290	15-Mar	Montreal, CAN
Alexis Demers-Marcil	1984	CAN	76.13	133	155	288	17-May	La Prairie, CAN
Paul Dumais	1991	CAN	76.36	133	155	288	18-Jun	Cali, COL
David Minkoumba	1989	CMR	76.49	126	160	286	14-May	Strand, RSA
Alexandros Amanatidis	1987	CYP	76.16	125	155	280	18-Apr	Lignano Sabbiadoro, ITA
N.P.K. Herath	1972	SRI	76.20	125	155	280	25-Apr	Kandy, SRI
Laurent Goyette-Demers	1990	CAN	76.97	125	153	278	17-May	La Prairie, CAN
Abd Mubin Rahim	1991	MAS	72.25	115	156	271	5-Jun	Marang, MAS
Caleb Symon	1982	NZL	76.90	123	148	271	6-Apr	Christchurch, NZL
Stephen Cupido	1986	RSA	74.17	120	150	270	14-May	Strand, RSA
Troy Hewkins	1986	AUS	75.70	122	148	270	23-Feb	Brisbane, AUS
Claude Caouette	1971	CAN	76.30	126	144	270	14-Jun	Mississauga, CAN
Muhammad Irfan Islam	1981	PAK	76.56	120	150	270	30-Mar	Lahour, PAK
Walter Bailey	1985	CAN	76.79	118	151	269	17-May	La Prairie, CAN
Mark Nehme	1985	CAN	75.64	121	147	268	17-May	La Prairie, CAN
Anup Dev Toppo	1990	IND	70.22	112	150	262	22-Jun	Pune, IND
Okwudili Ada		NGR	75.00	117	145	262	28-Jan	Lagos, NGR
Karl Desormeaux	1987	CAN	76.89	115	147	262	17-May	La Prairie, CAN
Mohd Hafiz Halim		MAS		115	147	262	5-Jun	Marang, MAS

85kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Benedict Uloko	1984	NGR	84.66	150	191	341	15-May	Strand, RSA
Simplice Ribouem	1982	AUS	84.70	150	185	335	7-Jun	Melbourne, AUS
Yukio Peter	1984	NRU	80.10	145	180	325	27-Jun	Noumea, NCL
D.K.R. Jayathilaka	1986	SRI	83.50	142	182	324	25-Apr	Kandy, SRI
Brice Batchaya Ketchanke	1985	CMR	82.67	145	175	320	15-May	Strand, RSA
Faavae Faauliuli	1983	SAM	84.98	135	180	315	25-Apr	Apia, SAM
Richard Patterson	1983	NZL	77.80	135	175	310	30-Mar	Auckland, NZL
Uati Maposua	1976	SAM	84.20	135	171	306	30-Mar	Auckland, NZL
Harpreet Singh	1990	IND	84.58	140	165	305	22-Jun	Pune, IND
Peter Kirkbride	1987	SCO	84.00	127	176	303	16-Feb	Warley, GBR
Muagututia Falesuani	1986	SAM	84.80	130	170	300	20-Jun	Apia, SAM
Serge Tremblay	1973	CAN	84.19	137	162	299	17-May	La Prairie, CAN
Joseph Ugboji		NGR	84.10	132	165	297	28-Jan	Lagos, NGR
Firdaus Abd Razak	1987	MAS	84.50	130	163	293	5-Jun	Marang, MAS
Alexis Demers-Marcil	1984	CAN	82.12	132	160	292	29-Mar	Sherbrooke, CAN
Paul Onusotame		NGR	82.30	127	165	292	28-Jan	Lagos, NGR
David Katoatao	1984	KIR	84.20	125	167	292	30-Mar	Auckland, NZL
Malek Chamoun	1989	AUS	78.65	130	160	290	22-Feb	Sydney, AUS
Paul Dumais	1991	CAN	78.34	130	158	288	17-May	La Prairie, CAN
Iffy Abbas		PAK	83.02	130	156	286	30-Mar	Lahour, PAK
Matthew Williams	1980	AUS	83.90	133	153	286	23-Feb	Melbourne, AUS
Mathieu Marineau	1990	CAN	82.06	124	160	284	12-Apr	Brossard, CAN
Caleb Symon	1982	NZL	77.50	123	160	283	24-Feb	Auckland, NZL
Karl Desormeaux	1987	CAN		123	160	283	15-May	Saint-Hyacinthe, CAN
Ben Mulder	1978	AUS	84.00	127	155	282	13-Jun	Launceston, AUS

94kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Simplice Ribouem	1982	AUS	90.20	150	182	332	19-Apr	Melbourne, AUS
Okoli Chuwuma	1980	NGR	93.96	147	185	332	15-May	Strand, RSA
Nicolas Roberts	1984	CAN	93.25	145	185	330	22-Mar	Callao, PER
Max DalSanto	1985	AUS	91.40	145	175	320	13-Jun	Launceston, AUS
Usman Amjad Rathore	1987	PAK	92.55	140	178	318	30-Apr	Kanawaza, JPN
Dalas-John Santavy	1972	CAN	93.64	142	175	317	17-May	La Prairie, CAN
David Katoatao	1984	KIR	87.00	138	176	314	23-May	Noumea, NCL
Saun Trebillcock	1985	ENG	93.45	134	175	309	16-Feb	Warley, GBR
Michael Howarth	1984	ENG	92.25	140	165	305	16-Feb	Warley, GBR
Unusotame Paul	1985	NGR	88.72	140	162	302	15-May	Strand, RSA
Peter John		NGR	89.10	127	170	297	28-Jan	Lagos, NGR
Williams Omoroghomwa		NGR	93.10	130	167	297	28-Jan	Lagos, NGR
Faiz Musa	1989	MAS	91.30	124	171	295	6-Jun	Marang, MAS
Jayathilake Ransili		SRI	93.65	130	165	295	15-Feb	Tehran, IRN
Jonathan Yoshida	1982	SAM	88.75	125	160	285	30-Mar	Auckland, NZL
Evan Openshaw	1983	CAN	92.93	125	160	285	17-May	La Prairie, CAN
Ben Mulder	1978	AUS	86.55	122	162	284	17-May	Hobart, AUS
Muagututia Falesuani	1986	SAM	86.67	128	155	283	30-Mar	Auckland, NZL
Ravi Bhollah	1981	MRI	93.53	132	150	282	15-May	Strand, RSA
Jonathan Selkirk	1984	NZL	91.87	124	157	281	30-Mar	Auckland, NZL
Tovia Opeloge	1990	SAM	92.10	126	154	280	20-Jun	Apia, SAM
Tahseen		PAK	93.40	123	157	280	30-Mar	Lahour, PAK

105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Aleksan Karapetyan	1970	AUS	99.90	170	190	360	7-Jun	Melbourne, AUS
Akos Sandor	1977	CAN	104.88	155	191	346	17-May	La Prairie, CAN
Hassan Aslam	1976	PAK	101.44	150	192	342	30-Mar	Lahour, PAK
Ilalio Eleei	1979	SAM	103.99	150	185	335	30-Mar	Auckland, NZL
Gurbinder Cheema	1978	ENG	104.25	152	180	332	19-Apr	Lignano Sabbiadoro, ITA
Thomas Yule	1976	SCO	95.80	145	175	320	23-Feb	Holyhead, GBR
Stas Chalaev	1986	NZL	101.90	143	175	318	14-Jun	Auckland, NZL
R.P.M.S. Wijerathna	1980	SRI	103.55	140	175	315	25-Apr	Kandy, SRI
Rafal Korkowski	1980	CAN	104.92	142	165	307	29-Mar	Edmonton, CAN
Muhammad Zafril Zulkifli	1988	MAS	103.20	135	171	306	7-Jun	Marang, MAS
David Fortin	1988	CAN	103.84	130	174	304	17-May	La Prairie, CAN
Robert Galsworthy	1989	AUS	102.90	137	165	302	21-Jun	Cali, COL
Chuka Aguli		NGR	103.60	140	160	300	28-Jan	Lagos, NGR
Alexandros Kouvakas	1989	CAN	104.28	136	164	300	21-Jun	Cali, COL
Henk Booyesen	1972	RSA	104.74	135	165	300	16-May	Strand, RSA
Trevor Brown	1986	CAN		135	165	300	29-Mar	Toronto, CAN
Tirath Sandhu	1970	CAN	104.30	131	168	299	17-May	La Prairie, CAN
M. Saqib Raza		PAK	102.50	132	165	297	30-Mar	Lahour, PAK
Saun Trebillcock	1985	ENG	94.60	129	167	296	23-Feb	Halifax, GBR
Jocelyn Bilodeau	1975	CAN	104.43	132	160	292	17-May	La Prairie, CAN
Sunday Omogbai		NGR	97.10	130	160	290	28-Jan	Lagos, NGR
Warren Hellisen	1966	AUS	103.90	115	175	290	26-Jan	Melbourne, AUS
Haroon Shukat		PAK	99.75	128	157	285	16-Feb	Tehran, IRN
Farhan Saleem		PAK	95.88	125	155	280	30-Mar	Lahour, PAK
Kamran Majid	1968	ENG	104.80	120	160	280	23-May	Bohumin, CZE
+105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Damon Kelly	1986	AUS	151.60	170	222	392	7-Jun	Melbourne, AUS
Itte Detenamo	1986	NRU	148.20	173	217	390	23-May	Noumea, NCL
Corran Hocking	1980	AUS	151.55	182	203	385	7-Jun	Melbourne, AUS
Rizwan Ullah Khan Lodhi		PAK	123.58	160	200	360	30-Mar	Lahour, PAK
Sam Pera Jr	1989	COK	122.70	157	197	354	23-May	Noumea, NCL
Gurbinder Cheema	1978	ENG	105.35	160	190	350	16-Feb	Warley, GBR
Danny Kemadjou	1984	CMR	120.24	150	180	330	16-Mar	Strand, RSA
Parminder Phangura	1979	CAN	132.30	143	185	328	23-Mar	Callao, PER
Tevita Ngalu	1973	TGA	123.20	141	180	321	8-Mar	Auckland, NZL
Maamaloa Loholea	1968	TGA	131.55	135	185	320	30-Mar	Auckland, NZL
Rafal Korkowski	1980	CAN	111.64	145	174	319	17-May	La Prairie, CAN
Frederic Fokedjou Tefot	1979	CMR	119.88	140	175	315	16-May	Strand, RSA
Alam Din		PAK	110.64	140	170	310	30-Mar	Lahour, PAK
Mohd Saufik Ahmac	1988	MAS	139.60	140	170	310	8-Jun	Marang, MAS
Ebube Virginus	1982	NGR	143.20	130	180	310	28-Jan	Lagos, NGR
Matthew Falcone	1987	AUS	152.70	136	174	310	23-Feb	Melbourne, AUS
Marc-Olivier Provost	1987	CAN	142.45	134	175	309	17-May	La Prairie, CAN
Loren Chiu	1979	CAN	115.72	140	165	305	17-May	La Prairie, CAN
William Ainslie	1979	RSA	125.00	135	170	305	16-May	Strand, RSA
Haroon Shukat		PAK	105.10	137	165	302	30-Mar	Lahour, PAK
Jan Pretorius	1975	RSA	123.11	135	166	301	16-May	Strand, RSA
Danny Nemani	1981	NZL	107.80	135	165	300	3-May	Auckland, NZL
Jonothan MacFarlane	1987	NZL	137.85	130	165	295	14-Jun	Auckland, NZL
Craig Wegert	1973	AUS	149.95	131	161	292	17-May	Brisbane, AUS
Mohd Aizat Zaini		MAS				290	8-Jun	Marang, MAS

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WOMEN: TOP-25 ABSOLUTE - As at 30 June

48kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Marilou Dozois-Prevost	1986	CAN	47.89	77	92	169	29-Mar	Sherbrooke, CAN
Zaira Zakaria	1987	MAS	47.95	72	93	165	4-Jun	Marang, MAS
Maryse Turcotte	1975	CAN	47.95	67	95	162	29-Mar	Sherbrooke, CAN
Chineye Fedelis	1993	NGR	47.93	66	95	161	13-May	Strand, RSA
Azike Onyeka	1990	NGR	47.44	68	90	158	13-May	Strand, RSA
Vivian Lee	1978	AUS	47.65	67	87	154	7-Jun	Melbourne, AUS
Portia Vries	1984	RSA	47.67	65	90	153	13-May	Strand, RSA
Juliette Odometta		NGR	47.90	60	82	142	26-Jan	Lagos, NGR
Diksa	1990	IND	47.80	64	77	141	22-Jun	Pune, IND
Jessica Ruel	1991	CAN	47.80	63	77	140	15-Jun	Cali, COL
Maude Langevin	1990	CAN	47.61	61	78	139	18-May	La Prairie, CAN
Nurniada Nordin	1988	MAS	47.45	60	78	138	4-Jun	Marang, MAS
Azizah Fadzil	1991	MAS	46.60	57	75	132	4-Jun	Marang, MAS
Kathleen Hare	1988	PNG	47.22	55	77	132	29-Mar	Auckland, NZL
Utako Aliklik	1991	NRU	47.66	55	77	132	29-Mar	Auckland, NZL
Katsia Thelemaque	1989	SEY	46.00	60	70	130	13-May	Strand, RSA
L. Herosina Devi	1991	IND	47.88	55	73	128	22-Jun	Pune, IND
Margaret Abiphi		NGR	47.50	53	67	120	26-Jan	Lagos, NGR
Manon Poulin-Cyr	1963	CAN		53	64	117	23-Feb	Lachute, CAN
Annick Gagnon	1994	CAN	47.80	42	60	102	3-May	Point-aux-Trembles, CAN
Noemie Lamarche-Jalbert	1994	CAN	47.40	45	56	101	3-May	Point-aux-Trembles, CAN
I. Sudha Prabhu		IND		44	57	101	8-Feb	Mysore, IND
Sarah Fines-Neuschild	1992	CAN	48.00	46	54	100	3-May	Point-aux-Trembles, CAN

53kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dika Toua	1984	PNG	53.00	87	110	197	23-May	Noumea, NCL
Patience Lawal	1983	NGR	52.28	83	105	188	13-May	Strand, RSA
J.N.N. Gunasekara	1975	SRI	53.00	80	100	180	25-Apr	Kandy, SRI
Raihan Yusoff	1988	MAS	52.82	80	95	175	27-Apr	Kanazawa, JPN
Hidam Shaya Devi	1982	IND	52.85	77	97	174	27-Apr	Kanazawa, JPN
Marilou Dozois-Prevost	1986	CAN		77	95	172	22-Feb	Point-aux-Trembles, CAN
Maryse Turcotte	1975	CAN		70	100	170	15-Mar	La Prairie, CAN
Joanne Calvino	1980	ENG	52.80	66	92	158	16-Feb	Warley, GBR
Rosemary Densmore	1984	CAN	52.16	69	85	154	18-May	La Prairie, CAN
Veronica Follick	1985	CAN	52.92	67	87	154	29-Mar	Edmonton, CAN
Vivian Lee	1978	AUS	48.80	64	88	152	19-Apr	Melbourne, AUS
Josephine Jackson		NGR	53.00	62	90	152	26-Jan	Lagos, NGR
Ketaki	1993	IND	52.68	65	85	150	22-Jun	Pune, IND
N. Lakshmi	1991	IND	52.84	67	82	149	22-Jun	Pune, IND
Sharda Siddhi	1973	IND		65	80	145	8-Feb	Mysore, IND
L.G.A. Vinodani Dharmasena	1986	SRI	52.80	61	82	143	25-Apr	Kandy, SRI
Nadeene Latif	1978	AUS	52.94	63	80	143	21-Jun	Sydney, AUS
Maude-Emily Brodeur	1989	CAN	51.50	64	77	141	18-May	La Prairie, CAN
G. Lakshmi	1992	IND	52.74	63	78	141	22-Jun	Pune, IND
Agnes Ekongolo	1985	CMR	51.28	60	80	140	13-May	Strand, RSA
Gloria Kimbu	1986	PNG	52.95	62	75	137	27-Apr	Port Moresby, PNG
Alaba Abegunde		NGR	53.00	62	75	137	26-Jan	Lagos, NGR
Jessica Ruel	1991	CAN		60	74	134	15-Mar	La Sarre, CAN
Patricia Fokou	1987	CMR	52.51	60	70	130	13-May	Strand, RSA
Utako Aliklik	1991	NRU	49.70	55	72	127	25-Apr	NRU

58kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Margaret Uwah	1983	NGR	57.28	93	117	210	14-May	Strand, RSA
Seen Lee	1982	AUS	57.67	92	106	198	30-Mar	Auckland, NZL
Emily Quarton	1984	CAN	57.95	85	104	189	18-May	La Prairie, CAN
Mona Pretorius	1988	RSA	56.87	78	100	178	14-May	Strand, RSA
Ndidi Eze		NGR	55.90	82	95	177	26-Jan	Lagos, NGR
Clemintina Agricole	1988	SEY	56.38	78	95	173	14-May	Strand, RSA
Annie Moniqui	1990	CAN	55.56	77	93	170	18-May	La Prairie, CAN
Wendy Hale	1987	SOL	57.80	75	95	170	26-Apr	Noumea, NCL
Jacinthe Deschenes	1987	CAN	57.45	78	91	169	29-Mar	Sherbrooke, CAN
Helen Jewell	1988	ENG	57.60	77	92	169	16-Feb	Warley, GBR
Uche Agu		NGR	55.80	75	90	165	26-Jan	Lagos, NGR
Isabelle Despres	1980	CAN	57.74	78	86	164	18-May	La Prairie, CAN
Pilar Bakam	1988	CMR	56.19	65	97	162	14-May	Strand, RSA
Sharifah Inani Najwa	1990	MAS	55.30	64	90	154	6-Jun	Marang, MAS
Zoe Smith	1994	ENG	53.50	68	85	153	28-Jun	Comines, FRA
Carolanne Lanouette	1990	CAN	58.00	67	86	153	29-Mar	Sherbrooke, CAN
Davina Highes	1989	AUS	56.60	63	88	151	3-May	Brisbane, AUS
Claudine Martin	1980	CAN	57.30	70	81	151	18-May	La Prairie, CAN
Zayanda Mjezu	1992	RSA	57.68	63	81	144	14-May	Strand, RSA
Anik Benoit	1981	CAN	56.98	60	80	140	18-May	La Prairie, CAN
Kate Howard	1979	NZL	54.45	62	76	138	14-Jun	Auckland, NZL
San Joyti	1991	IND	57.28	60	75	135	22-Jun	Pune, IND
Melissa Robinson	1981	AUS	58.00	61	74	135	19-Apr	Brisbane, AUS

63kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard	1985	CAN	62.59	100	131	231	18-May	La Prairie, CAN
Michaela Breeze	1979	WAL	62.46	99	120	219	16-Apr	Lignano Sabbiadoro, ITA
Seen Lee	1982	AUS	59.95	92	109	201	3-May	Melbourne, AUS
Tania Whalen	1981	CAN	62.85	92	108	200	29-Mar	Sherbrooke, CAN
Valerie Lefebvre	1990	CAN	62.74	86	105	191	18-May	La Prairie, CAN
Narul Farhanah	1988	MAS	62.97	85	106	191	28-Apr	Kanazawa, JPN
Ngozi Nwatu		NGR	60.60	78	112	190	27-Jan	Lagos, NGR
Nkechi Adigo	1986	NGR	61.60	80	110	190	27-Jan	Lagos, NGR
Agatha Joseph		NGR	62.10	90	100	190	27-Jan	Lagos, NGR
Rita Kari	1989	PNG	61.52	82	105	187	27-Apr	Port Moresby, PNG
Swati Singh		IND				183	20-Jan	Anandpur Sahib, IND
Sita K. Jena		IND				183	20-Jan	Anandpur Sahib, IND
Jacque White	1982	AUS	62.44	84	98	182	30-Mar	Auckland, NZL
Helena Miyenga	1984	CMR	61.85	80	100	180	14-May	Strand, RSA
Emily Quarton	1984	CAN		80	100	180	29-Feb	Montreal, CAN
Edith Pepin	1987	CAN	62.79	80	96	176	29-Mar	Sherbrooke, CAN
Hortense Essesse	1981	CMR	62.72	70	105	175	14-May	Strand, RSA
Clementina Agricole	1988	SEY	58.20	72	96	168	29-Mar	Victoria, SEY
Nicole Chamberlain (Sawon)	1978	AUS	62.70	77	89	166	29-Mar	Adelaide, AUS
Pamela Bougie	1991	CAN	62.01	75	90	165	29-Mar	Sherbrooke, CAN
Faitoa Togagae	1989	SAM	62.28	70	95	165	30-Mar	Auckland, NZL
Manta Kutyal	1990	IND	62.54	73	90	163	22-Jun	Pune, IND
Pascale Dorcelus	1979	CAN	61.72	75	85	160	18-May	La Prairie, CAN
S. Chandrakala		IND				156	20-Jan	Anandpur Sahib, IND
Carolanne Lanouette	1990	CAN		66	86	152	15-May	Saint-Hyacinthe, CAN

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Laishram Monika Devi	1983	IND	68.37	100	122	222	29-Apr	Kanazawa, JPN
Michaela Breeze	1979	WAL	64.00	100	115	215	16-Feb	Warley, GBR
Marie-Eve Beauchemin-Nadeau	1988	CAN	68.50	97	115	212	18-May	La Prairie, CAN
Agatha Egbudike	1985	NGR	67.77	96	110	206	15-May	Strand, RSA
Navpreet Kaur		IND				204	20-Jan	Anandpur Sahib, IND
Gaelle Ketchanke	1988	CMR	66.88	85	115	200	15-May	Strand, RSA
Janet Thelermont	1979	SEY	68.20	90	110	200	29-Mar	Victoria, SEY
Tania Whalen	1981	CAN		87	102	189	15-Mar	La Prairie, CAN
Jacquie White	1982	AUS	64.30	83	100	183	3-May	Melbourne, AUS
Natasha Perdue	1975	WAL	68.40	86	97	183	31-May	Hamm, LUX
Udeme Sunday	1989	NGR	68.00	82	100	182	27-Jan	Lagos, NGR
Camilla Fogagnolo	1986	AUS	68.98	76	103	179	19-Apr	Launceston, AUS
P. Kom	1992	IND	68.32	76	100	176	22-Jun	Pune, IND
Rayya Laxmi		IND				176	20-Jan	Anandpur Sahib, IND
Chinyere Orj		NGR	68.70	75	100	175	27-Jan	Lagos, NGR
Srishti Singh	1990	IND	68.80	75	100	175	22-Jun	Pune, IND
Stephanie Tremblay-Chapdelaine	1987	CAN	66.53	76	98	174	29-Mar	Sherbrooke, CAN
Manu Ah Kuoi	1982	SAM	68.79	76	97	173	25-Apr	Apia, SAM
Blessing Itodi		NGR	65.50	80	90	170	27-Jan	Lagos, NGR
Elena Palamara	1986	AUS	68.95	72	95	167	2-May	Sydney, AUS
Jodi Kokiva	1990	PNG	68.02	74	92	166	27-Apr	Port Moresby, PNG
Edith Pepin	1987	CAN	65.00	72	91	163	2-Feb	Brossard, CAN
Nicole Chamberlain (Sawon)	1978	AUS	63.92	74	87	161	28-Jun	Adelaide, AUS
Guba Hale	1986	PNG	65.26	75	85	160	30-Mar	Auckland, NZL
Emma Barnes-Crevier	1986	CAN	68.75	69	90	159	18-May	La Prairie, CAN
Ngathai Chanu		IND		68	91	159	8-Feb	Mysore, IND

75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jean E. Lassen	1980	CAN	74.75	110	130	240	18-May	La Prairie, CAN
Hadiza Zakare	1987	NGR	74.63	105	130	235	15-May	Strand, RSA
Sailaja Pujari	1982	IND	73.74	95	123	218	30-Apr	Kanazawa, JPN
Jenna Myers	1986	AUS	74.25	91	115	206	31-May	Melbourne, AUS
Mary Opeloge	1992	SAM	74.40	90	116	206	20-Jun	Apia, SAM
Juliette Okeoboh	1989	NGR	73.40	93	112	205	27-Jan	Lagos, NGR
Babalwa Ndleleni	1979	RSA	73.03	83	120	203	15-May	Strand, RSA
Caroline Girard	1982	CAN	74.73	88	112	200	29-Mar	Sherbrooke, CAN
Katelyn Williams	1987	CAN	70.67	88	110	198	18-May	La Prairie, CAN
Natasha Perdue	1975	WAL	71.00	84	102	186	8-Apr	London, GBR
Chelse Zarboni-Berthiaume	1991	CAN	74.13	84	102	186	29-Mar	Sherbrooke, CAN
Mariam Nalubanga	1986	UGA	71.10	80	105	185	15-May	Strand, RSA
Kara Yessie	1982	CAN	74.60	83	101	184	18-May	La Prairie, CAN
Amanda Phillips	1981	AUS	74.86	78	100	178	30-Mar	Auckland, NZL
Amanpreet Kaur		IND				172	21-Jan	Anandpur Sahib, IND
Jessima Detenamo	1992	NRU	74.10	70	100	170	25-Apr	NRU
Anjani Nabiyai		IND				170	21-Jan	Anandpur Sahib, IND
Catherine Mawas	1988	MAS	72.25	73	95	168	7-Jun	Marang, MAS
Kerri-Ann Wotenick	1983	ENG	74.40	77	90	167	16-Feb	Warley, GBR
Michaela Detenamo	1992	NRU	74.50	72	95	167	25-Apr	NRU
Magdalyne Davies		NGR	69.70	75	90	165	27-Jan	Lagos, NGR
Kathryn Davis	1986	AUS	74.98	75	89	164	18-Apr	Sydney, AUS
Janelle Woolridge	1985	NZL	73.90	71	92	163	17-Feb	Auckland, NZL
Pardeep Kaur		IND				163	21-Jan	Anandpur Sahib, IND
Kellee Burton	1982	CAN	72.29	70	92	162	29-Mar	Sherbrooke, CAN

+75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge	1985	SAM	118.66	118	151	269	30-Mar	Auckland, NZL
Maryam Usman	1990	NGR	113.09	115	150	265	16-May	Strand, RSA
Deborah Lovely	1983	AUS	90.60	112	140	252	7-Jun	Melbourne, AUS
Geeta Rani	1981	IND	111.22	99	125	224	30-Apr	Kanazawa, JPN
Jenna Myers	1986	AUS	84.74	95	125	220	23-Feb	Launceston, AUS
Narita Viliamu	1989	NIU	136.82	90	120	210	30-Mar	Auckland, NZL
Kefilini Tualau	1984	TGA	137.86	90	110	200	30-Mar	Auckland, NZL
Tracey Lambrechts	1985	NZL	89.22	87	107	194	24-May	Rovaniemi, FIN
Caroline Girard	1982	CAN	78.90	83	105	188	2-Feb	Montreal, CAN
Kara Yessie	1982	CAN	76.80	82	103	185	3-May	Denver, USA
Sarah Moreau	1991	CAN	98.31	81	102	183	29-Mar	Sherbrooke, CAN
Tulasi Kommerla	1987	IND	80.86	80	97	177	30-Apr	Kanazawa, JPN
Nurul Liyana	1989	MAS	109.40	76	96	172	8-Jun	Marang, MAS
N. Kayva		IND		77	89	166	10-Feb	Mysore, IND
Shalinee Valaydon	1986	MRI	95.44	72	92	164	16-May	Strand, RSA
Tiresa Atonio	1988	SAM	88.91	65	90	155	25-Apr	Apia, SAM
Kathryn Davis	1986	AUS	76.04	66	88	154	15-Mar	Sydney, AUS
E.R. Jayathilake	1992	SRI	78.50	65	87	152	25-Apr	Kandy, SRI
Rebecca Patrick	1980	AUS	77.95	65	85	150	4-May	Perth, AUS
Terri-Lynn Pincombe	1979	CAN	90.02	63	80	143	19-Apr	Edmonton, CAN
Kate Linford	1988	AUS	106.55	64	79	143	3-May	Melbourne, AUS
Hasifa Namusoke		UGA	83.00	67	75	142	26-Apr	Kampala, UGA

2008 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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MEN: ONE PER COUNTRY - As at 30 June

56kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Hamizan Ibrahim Amirul	1981	MAS	55.81	121	141	262	27-Apr	Kanazawa, JPN
Valluri Srinavasa Rao	1981	IND	55.93	102	135	237	27-Apr	Kanazawa, JPN
Emmanuel Akpan Obong	1988	NGR	55.98	106	130	236	13-May	Strand, RSA
K.K. Asanga	1987	SRI	55.80	100	131	231	25-Apr	Kandy, SRI
Abdullah Ghafoor		PAK	55.76	105	125	230	20-Mar	Lahour, PAK
David Matam	1982	CMR	55.67	95	121	216	13-May	Strand, RSA
Luwellyne Phillips	1989	RSA	55.59	96	115	211	13-May	Strand, RSA
Starron Dowabobo	1984	NRU	55.36	90	120	210	29-Mar	Auckland, NZL
Leo Kivave	1983	PNG	54.95	85	107	192	27-Apr	Port Moresby, PNG
Jonathan Coret	1989	MRI	55.90	82	110	192	29-Mar	Port Louis, MRI
Ianne Guinares	1988	NZL	55.30	80	111	191	12-Apr	Auckland, NZL
Jean-Gabriel Grenier	1992	CAN	51.72	80	100	180	17-May	La Prairie, CAN
Charles Sekyaya		UGA	55.40	80	100	180	26-Apr	Kampala, UGA
Matthew Petterson	1989	AUS	55.95	82	98	180	23-Feb	Melbourne, AUS
Bob Pesaleli	1992	SAM	55.20	72	100	172	25-Apr	Apia, SAM
Dylan Scott	1993	SCO	53.40	72	93	165	3-May	Bristol, GBR
Christos Michaelas	1993	ENG	48.00	66	86	152	3-May	Bristol, GBR
Joe Owen	1993	WAL	47.20	47	65	112	3-May	Bristol, GBR
Liam Traynor	1993	NIR	54.40	30	40	70	23-Feb	Holyhead, Wales, GBR

62kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mahayudin Naharudin	1984	MAS	61.82	126	150	276	28-Apr	Kanazawa, JPN
Gbenga Olupona	1981	NGR	61.70	115	156	271	13-May	Strand, RSA
Jasvir Singh	1977	CAN	61.62	112	148	260	19-Mar	Callao, PER
Aamir Ali		PAK	61.92	119	140	259	20-Mar	Lahour, PAK
Daniel Koum Koum	1985	AUS	61.65	115	140	255	7-Jun	Melbourne, AUS
Kailas Bandu Pujari	1980	IND	61.76	110	143	253	28-Apr	Kanazawa, JPN
Simon Ngamba	1982	CMR	61.72	117	135	252	13-May	Strand, RSA
D.M.I.C. Dissanayake	1988	SRI	59.90	110	135	245	25-Apr	Kandy, SRI
Ismail Katamba	1989	UGA	60.63	97	135	232	13-May	Strand, RSA
Gareth Evans	1986	WAL	60.20	105	125	230	14-Mar	Forst, GER
Starron Dowabobo	1984	NRU	60.20	95	130	225	25-Apr	NRU
Cody Cole	1990	NZL	61.71	101	124	225	29-Mar	Auckland, NZL
Steven Kari	1987	PNG	61.91	95	125	220	27-Apr	Port Moresby, PNG
Chris Chea	1987	ENG	61.09	90	123	213	8-Apr	London, GBR
Phillip Atonio		SAM	61.50	85	125	210	25-Apr	Apia, SAM
Yanick Coret	1991	MRI	62.00	90	112	202	29-Mar	Port Louis, MRI
Stephen Clarisse		SEY	62.00	85	105	190	29-Mar	Victoria, SEY
Craig Carfray	1992	SCO	59.60	70	90	160	3-May	Bristol, GBR
Niall Quinn	1993	NIR	61.40	40	55	95	23-Feb	Holyhead, Wales, GBR

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dimitrios Minasidis	1989	CYP	68.23	135	170	305	17-Apr	Lignana Sabbiadoro, ITA
Bernadin Kingue Matam	1990	CMR	68.20	135	165	300	14-May	Strand, RSA
P.K.N. Dayan	1980	SRI	68.50	130	170	300	25-Apr	Kandy, SRI
Mohd Faerul Talib	1986	MAS	68.86	132	168	300	29-Apr	Kanazawa, JPN
Yinka Ayenuwa	1986	NGR	68.07	128	170	298	14-May	Strand, RSA
Francis Luna-Grenier	1987	CAN	68.95	132	166	298	20-Mar	Callao, PER
Ben Turner	1985	AUS	68.95	128	165	293	7-Jun	Melbourne, AUS
Mark Spooner	1984	NZL	68.90	129	160	289	12-Apr	Auckland, NZL
Govindan Elumalai	1984	IND	68.45	130	158	288	29-Apr	Kanazawa, JPN
Otsile Greg Shushu	1980	RSA	66.26	125	160	285	14-May	Strand, RSA
Umar Rasool Lone	1990	PAK	68.66	116	155	271	29-Mar	Lahour, PAK
Ika Aliklik	1985	NRU	69.00	115	145	260	25-Apr	NRU
Logona Esau	1986	TUV	68.90	108	150	258	27-Jun	Noumea, NCL
Toafitu Perive	1985	SAM	68.97	110	145	255	25-Apr	Auckland, NZL
Tekaei Temake	1986	KIR	69.00	110	140	250	27-Jun	Noumea, NCL
Jack Oliver	1991	ENG	69.00	112	132	244	3-May	Bristol, GBR
Romeo Simeon	1977	SEY	68.60	112	130	242	29-Mar	Victoria, SEY
Mike Ssabaale	1989	UGA	68.49	100	135	235	14-May	Strand, RSA
Makhosemhlaba Shabalala	1981	SWZ	67.97	96	131	227	14-May	Strand, RSA
Magarajen Monien	1981	MRI	69.00	100	125	225	29-Mar	Port Louis, MRI
Brown Ramohaka	1988	SOL	68.15	95	122	217	29-Mar	Auckland, NZL
Neil Dougan	1985	NIR	67.90	90	117	207	14-Jun	Ballyclare, GBR
James Davidson	1988	WAL	67.25	80	105	185	31-May	Hamm, LUX
Frank Msolidza	1981	MAW		75	105	180	25-Feb	Lilongwe, MAW
Clint Sammut	1991	MLT	69.00	45	55	100	30-Mar	Valletta, MLT

77kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Felix Ekpo	1981	NGR	76.15	150	185	335	14-May	Strand, RSA
Richard Patterson	1983	NZL	76.60	140	176	316	12-Apr	Auckland, NZL
Darryn Anthony	1985	RSA	76.70	143	172	315	14-May	Strand, RSA
Yukio Peter	1984	NRU	76.82	135	180	315	30-Mar	Auckland, NZL
David Sarkisian	1986	AUS	76.90	132	171	303	15-Feb	Yeveran, ARM
Bernadin Kingue Matam	1990	CMR	74.90	135	160	295	26-Jan	Clermont l'Herault, FRA
Francis Luna-Grenier	1987	CAN		125	165	290	15-Mar	Montreal, CAN
Alexandros Amanatidis	1987	CYP	76.16	125	155	280	18-Apr	Lignano Sabbiadoro, ITA
N.P.K. Herath	1972	SRI	76.20	125	155	280	25-Apr	Kandy, SRI
Abd Mubin Rahim	1991	MAS	72.25	115	156	271	5-Jun	Marang, MAS
Muhammad Irfan Islam	1981	PAK	76.56	120	150	270	30-Mar	Lahour, PAK
Anup Dev Toppo	1990	IND	70.22	112	150	262	22-Jun	Pune, IND
Graeme Kane	1988	SCO	74.15	110	140	250	16-Feb	Warley, GBR
Francis Pesaleli	1977	SAM	76.20	108	142	250	20-Jun	Apia, SAM
Halil Zorba	1988	ENG	70.05	103	143	246	16-Feb	Warley, GBR
David Gorosi	1988	SOL	76.97	105	140	245	30-Mar	Auckland, NZL
Logona Esau	1986	TUV	70.63	100	140	240	26-Apr	Noumea, NCL
Khalid Batuusa	1986	UGA	73.76	108	130	238	14-May	Strand, RSA
Akawe Borauea	1987	KIR	75.76	110	115	225	30-Mar	Auckland, NZL
Ray Williams	1959	WAL	75.00	90	120	210	31-May	Hamm, LUX
Neil Dougan	1985	NIR	70.90	90	118	208	26-Apr	Dublin, IRL
Clint Grech	1987	MLT	70.22	82	100	182	30-Mar	Valletta, MLT
Peter Maimu		PNG	74.50	80	100	180	17-Apr	Port Moresby, PNG
Yovin Gyadin		MRI	77.00	70	90	160	29-Mar	Port Louis, MRI
Suitulaga Tupuiliu	1993	NIU	75.95	60	82	142	30-Mar	Auckland, NZL

85kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Benedict Uloko	1984	NGR	84.66	150	191	341	15-May	Strand, RSA
Simplice Ribouem	1982	AUS	84.70	150	185	335	7-Jun	Melbourne, AUS
Yukio Peter	1984	NRU	80.10	145	180	325	27-Jun	Noumea, NCL
D.K.R. Jayathilaka	1986	SRI	83.50	142	182	324	25-Apr	Kandy, SRI
Brice Batchaya Ketchanke	1985	CMR	82.67	145	175	320	15-May	Strand, RSA
Faavae Faauliuli	1983	SAM	84.98	135	180	315	25-Apr	Apia, SAM
Richard Patterson	1983	NZL	77.80	135	175	310	30-Mar	Auckland, NZL
Harpreet Singh	1990	IND	84.58	140	165	305	22-Jun	Pune, IND
Peter Kirkbride	1987	SCO	84.00	127	176	303	16-Feb	Warley, GBR
Serge Tremblay	1973	CAN	84.19	137	162	299	17-May	La Prairie, CAN
Firdaus Abd Razak	1987	MAS	84.50	130	163	293	5-Jun	Marang, MAS
David Katoatao	1984	KIR	84.20	125	167	292	30-Mar	Auckland, NZL
Iffy Abbas		PAK	83.02	130	156	286	30-Mar	Lahour, PAK
Alexandros Amanatidis	1987	CYP	78.90	123	150	273	31-May	Hamm, LUX
Hansley Gaya	1985	MRI	82.50	112	150	262	28-Apr	Rotava, CZE
Terence Dixie	1983	SEY	83.80	110	145	255	29-Mar	Victoria, SEY
Godfrey Baligeya	1987	UGA	80.40	110	140	250	26-Apr	Kampala, UGA
Linda Matsebula	1983	SWZ	82.77	105	145	250	15-May	Strand, RSA
Andrew Hurford	1989	ENG	83.70	105	135	240	29-Mar	Halifax, GBR
Sirla Pera	1992	COK	80.19	87	110	197	30-Mar	Auckland, NZL
Ricky Allen	1983	NIR	78.60	70	80	150	23-Feb	Holyhead, Wales, GBR
Suitulago Tupuoliu	1993	NIU	82.90	70	90	160	30-Mar	Alofi, NIU
Josh Billington	1995	WAL	78.80	34	47	81	23-Feb	Holyhead, Wales, GBR

94kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Simplice Ribouem	1982	AUS	90.20	150	182	332	19-Apr	Melbourne, AUS
Okoli Chuwuma	1980	NGR	93.96	147	185	332	15-May	Strand, RSA
Nicolas Roberts	1984	CAN	93.25	145	185	330	22-Mar	Callao, PER
Usman Amjad Rathore	1987	PAK	92.55	140	178	318	30-Apr	Kanawaza, JPN
David Katoatao	1984	KIR	87.00	138	176	314	23-May	Noumea, NCL
Saun Trebillcock	1985	ENG	93.45	134	175	309	16-Feb	Warley, GBR
Faiz Musa	1989	MAS	91.30	124	171	295	6-Jun	Marang, MAS
Jayathilake Ransili		SRI	93.65	130	165	295	15-Feb	Tehran, IRN
Jonathan Yoshida	1982	SAM	88.75	125	160	285	30-Mar	Auckland, NZL
Ravi Bhollah	1981	MRI	93.53	132	150	282	15-May	Strand, RSA
Jonathan Selkirk	1984	NZL	91.87	124	157	281	30-Mar	Auckland, NZL
Jamien Scotty	1984	NRU	94.00	110	150	260	25-Apr	NRU
Nathaniel Callahan	1983	NIR	87.10	105	115	220	29-Mar	Halifax, GBR
David Glendower	1968	WAL	93.40	65	102	167	23-Feb	Holyhead, Wales, GBR
Braydon Hakeagaiki	1991	NIU	87.17	52	65	117	30-Mar	Alofi, NIU

105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Aleksan Karapetyan	1970	AUS	99.90	170	190	360	7-Jun	Melbourne, AUS
Akos Sandor	1977	CAN	104.88	155	191	346	17-May	La Prairie, CAN
Hassan Aslam	1976	PAK	101.44	150	192	342	30-Mar	Lahour, PAK
Ilalio Eleei	1979	SAM	103.99	150	185	335	30-Mar	Auckland, NZL
Gurbinder Cheema	1978	ENG	104.25	152	180	332	19-Apr	Lignano Sabbiadoro, ITA
Thomas Yule	1976	SCO	95.80	145	175	320	23-Feb	Holyhead, Wales, GBR
Stas Chalaev	1986	NZL	101.90	143	175	318	14-Jun	Auckland, NZL
R.P.M.S. Wijerathna	1980	SRI	103.55	140	175	315	25-Apr	Kandy, SRI
Muhammad Zafril Zulkifli	1988	MAS	103.20	135	171	306	7-Jun	Marang, MAS
Chuka Aguli		NGR	103.60	140	160	300	28-Jan	Lagos, NGR
Henk Booysen	1972	RSA	104.74	135	165	300	16-May	Strand, RSA
Douglas Temitsi	1986	NRU	104.50	120	140	260	25-Apr	NRU
Liam Whiteway	1977	NIR	95.30	104	137	241	31-May	Hamm, LUX
Dominic Ferley	1991	SEY	104.28	110	130	240	16-May	Strand, RSA
Deo Kalyango	1988	UGA	94.70	100	135	235	26-Apr	Kampala, UGA
Beru Karianako	1989	KIR	105.00	110	125	235	30-Mar	Tarawa, KIR
Erozokrit Protopapas	1970	CYP	102.11	85	115	200	24-May	Bohumin, CZE
James Abernethy	1993	WAL	94.40	70	90	160	23-Feb	Holyhead, Wales, GBR
Ankush Ransoondur		MRI	101.00	48	60	108	29-Mar	Port Louis, MRI

+105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Damon Kelly	1986	AUS	151.60	170	222	392	7-Jun	Melbourne, AUS
Itte Detenamo	1986	NRU	148.20	173	217	390	23-May	Noumea, NCL
Rizwan Ullah Khan Lodhi		PAK	123.58	160	200	360	30-Mar	Lahour, PAK
Sam Pera Jr	1989	COK	122.70	157	197	354	23-May	Noumea, NCL
Gurbinder Cheema	1978	ENG	105.35	160	190	350	16-Feb	Warley, GBR
Danny Kemadjou	1984	CMR	120.24	150	180	330	16-May	Strand, RSA
Parminder Phangura	1979	CAN	132.30	143	185	328	23-Mar	Callao, PER
Tevita Ngalu	1973	TGA	123.20	141	180	321	8-Mar	Auckland, NZL
Mohd Saufik Ahmad	1988	MAS	139.60	140	170	310	8-Jun	Marang, MAS
Ebube Virginus	1982	NGR	143.20	130	180	310	28-Jan	Lagos, NGR
William Ainslie	1979	RSA	125.00	135	170	305	16-May	Strand, RSA
Danny Nemani	1981	NZL	107.80	135	165	300	3-May	Auckland, NZL
W.P.G.D.C. Jayawickrama	1987	SRI	105.20	120	160	280	25-Apr	Kandy, SRI
Dominic Ferley	1991	SEY	111.30	110	135	245	29-Mar	Victoria, SEY
Iosefa Isaia	1985	SAM	109.60	90	110	200	20-Jun	Apia, SAM

2008 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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WOMEN: ONE PER COUNTRY - As at 30 June

48kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Marilou Dozois-Prevost	1986	CAN	47.89	77	92	169	29-Mar	Sherbrooke, CAN
Zaira Zakaria	1987	MAS	47.95	72	93	165	4-Jun	Marang, MAS
Chineye Fedelis	1993	NGR	47.93	66	95	161	13-May	Strand, RSA
Vivian Lee	1978	AUS	47.65	67	87	154	7-Jun	Melbourne, AUS
Portia Vries	1984	RSA	47.67	65	90	153	13-May	Strand, RSA
Diksa	1990	IND	47.80	64	77	141	22-Jun	Pune, IND
Kathleen Hare	1988	PNG	47.22	55	77	132	29-Mar	Auckland, NZL
Utako Aliklik	1991	NRU	47.66	55	77	132	29-Mar	Auckland, NZL
Katsia Thelemaque	1989	SEY	46.00	60	70	130	13-May	Strand, RSA
Lucy Vain	1994	ENG	42.20	41	51	92	8-Mar	Oldbury, GBR
Ivona Hitila	1996	SAM	46.25	35	45	80	20-Jun	Apia, SAM
Christine Duval	1990	MRI	47.50	35	45	80	29-Mar	Port Louis, MRI
Sandra Pasco	1955	NZL	47.25	30	40	70	2-Mar	Invercargill, NZL

53kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dika Toua	1984	PNG	53.00	87	110	197	23-May	Noumea, NCL
Patience Lawal	1983	NGR	52.28	83	105	188	13-May	Strand, RSA
J.N.N. Gunasekara	1975	SRI	53.00	80	100	180	25-Apr	Kandy, SRI
Raihan Yusoff	1988	MAS	52.82	80	95	175	27-Apr	Kanazawa, JPN
Hidam Shaya Devi	1982	IND	52.85	77	97	174	27-Apr	Kanazawa, JPN
Marilou Dozois-Prevost	1986	CAN		77	95	172	22-Feb	Point-aux-Trembles, CAN
Joanne Calvino	1980	ENG	52.80	66	92	158	16-Feb	Warley, GBR
Vivian Lee	1978	AUS	48.80	64	88	152	19-Apr	Melbourne, AUS
Agnes Ekongolo	1985	CMR	51.28	60	80	140	13-May	Strand, RSA
Utako Aliklik	1991	NRU	49.70	55	72	127	25-Apr	NRU
Nicole Botha	1990	RSA	51.80	50	69	119	13-May	Strand, RSA
Sio Lio	1992	SAM	51.30	51	64	115	20-Jun	Apia, SAM
Kaitsi		UGA	49.10	35	40	75	26-Apr	Kampala, UGA
Sandra Pasco	1955	NZL	48.30	32	41	73	27-Jan	Christchurch, NZL
Berta Rodriguez	1994	WAL	49.80	22	30	52	23-Feb	Holyhead, Wales, GBR

58kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Margaret Uwah	1983	NGR	57.28	93	117	210	14-May	Strand, RSA
Seen Lee	1982	AUS	57.67	92	106	198	30-Mar	Auckland, NZL
Emily Quarton	1984	CAN	57.95	85	104	189	18-May	La Prairie, CAN
Mona Pretorius	1988	RSA	56.87	78	100	178	14-May	Strand, RSA
Clemintina Agricole	1988	SEY	56.38	78	95	173	14-May	Strand, RSA
Wendy Hale	1987	SOL	57.80	75	95	170	26-Apr	Noumea, NCL
Helen Jewell	1988	ENG	57.60	77	92	169	16-Feb	Warley, GBR
Pilar Bakam	1988	CMR	56.19	65	97	162	14-May	Strand, RSA
Sharifah Inani Najwa	1990	MAS	55.30	64	90	154	6-Jun	Marang, MAS
Kate Howard	1979	NZL	54.45	62	76	138	14-Jun	Auckland, NZL
San Joyti	1991	IND	57.28	60	75	135	22-Jun	Pune, IND
Monalisa Kassman	1992	PNG	56.58	54	75	129	27-Apr	Port Moresby, PNG
Amy Hamilton	1991	SCO	55.70	57	71	128	3-May	Bristol, GBR
T.M.C. Rasanjali	1992	SRI	57.80	52	65	117	25-Apr	Kandy, SRI
Mariana Melekula	1992	NRU	57.10	25	40	65	25-Apr	NRU

63kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christine Girard	1985	CAN	62.59	100	131	231	18-May	La Prairie, CAN
Michaela Breeze	1979	WAL	62.46	99	120	219	16-Apr	Lignano Sabbiadoro, ITA
Seen Lee	1982	AUS	59.95	92	109	201	3-May	Melbourne, AUS
Narul Farhanah	1988	MAS	62.97	85	106	191	28-Apr	Kanazawa, JPN
Ngozi Nwatu		NGR	60.60	78	112	190	27-Jan	Lagos, NGR
Rita Kari	1989	PNG	61.52	82	105	187	27-Apr	Port Moresby, PNG
Swati Singh		IND				183	20-Jan	Anandpur Sahib, IND
Helena Miyenga	1984	CMR	61.85	80	100	180	14-May	Strand, RSA
Clemtina Agricole	1988	SEY	58.20	72	96	168	29-Mar	Victoria, SEY
Faitoa Togagae	1989	SAM	62.28	70	95	165	30-Mar	Auckland, NZL
Prossy Nyanga	1989	UGA	60.00	67	80	147	26-Apr	Kampala, UGA
Joanne Savastio	1984	ENG	60.15	62	85	147	16-Feb	Warley, GBR
Matshidiso Masiu	1992	RSA	58.86	61	82	143	14-May	Strand, RSA
Yvette Baleros	1987	NZL	61.88	63	75	138	29-Mar	Auckland, NZL
Fiona Cunningham	1991	NIR	62.90	40	45	85	23-Feb	Coolmine, IRL

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Laishram Monika Devi	1983	IND	68.37	100	122	222	29-Apr	Kanazawa, JPN
Michaela Breeze	1979	WAL	64.00	100	115	215	16-Feb	Warley, GBR
Marie-Eve Beauchemin-Nadeau	1988	CAN	68.50	97	115	212	18-May	La Prairie, CAN
Agatha Egbudike	1985	NGR	67.77	96	110	206	15-May	Strand, RSA
Gaëlle Ketchanke	1988	CMR	66.88	85	115	200	15-May	Strand, RSA
Janet Thelermont	1979	SEY	68.20	90	110	200	29-Mar	Victoria, SEY
Jacquie White	1982	AUS	64.30	83	100	183	3-May	Melbourne, AUS
Manu Ah Kuoi	1982	SAM	68.79	76	97	173	25-Apr	Apia, SAM
Jodi Kokiva	1990	PNG	68.02	74	92	166	27-Apr	Port Moresby, PNG
Chantal Lambrechts	1990	NZL	67.82	67	87	154	30-Mar	Auckland, NZL
Intan Ayuni	1992	MAS	66.90	62	73	135	6-Jun	Marang, MAS
Denise Offermann-Loizou	1965	CYP	68.77	53	67	120	18-May	Bohumin, CZE
Francine Bam	1992	NRU	64.30	52	62	114	25-Apr	NRU
Fauzia Namubiru		UGA	64.60	50	60	110	26-Apr	Kampala, UGA
Daniella Laird	1991	SCO	68.80	45	55	100	8-Mar	Oldbury, GBR
Mautama Tamyrhah	1995	NIU	66.65	35	53	88	30-Mar	Auckland, NZL

75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jean E. Lassen	1980	CAN	74.75	110	130	240	18-May	La Prairie, CAN
Hadiza Zakare	1987	NGR	74.63	105	130	235	15-May	Strand, RSA
Sailaja Pujari	1982	IND	73.74	95	123	218	30-Apr	Kanazawa, JPN
Jenna Myers	1986	AUS	74.25	91	115	206	31-May	Melbourne, AUS
Mary Opeloge	1992	SAM	74.40	90	116	206	20-Jun	Apia, SAM
Babalwa Ndleleni	1979	RSA	73.03	83	120	203	15-May	Strand, RSA
Natasha Perdue	1975	WAL	71.00	84	102	186	8-Apr	London, GBR
Mariam Nalubanga	1986	UGA	71.10	80	105	185	15-May	Strand, RSA
Jessima Detenamo	1992	NRU	74.10	70	100	170	25-Apr	NRU
Catherine Mawas	1988	MAS	72.25	73	95	168	7-Jun	Marang, MAS
Kerri-Ann Wotenick	1983	ENG	74.40	77	90	167	16-Feb	Warley, GBR
Janelle Woolridge	1985	NZL	73.90	71	92	163	17-Feb	Auckland, NZL
Georgina Black	1989	SCO	73.50	66	79	145	29-Mar	Halifax, GBR
R.M.N. Rathnayake		SRI	74.45	55	75	130	25-Apr	Kandy, SRI
Filomina Naime		PNG	71.28	55	73	128	27-Apr	Port Moresby, PNG
Denise Offermann-Loizou	1965	CYP	69.40	55	70	125	31-May	Hamm, LUX
Fabiola Veerapen	1989	MRI	74.30	30	45	75	29-Mar	Port Louis, MRI

+75kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Ele Opeloge	1985	SAM	118.66	118	151	269	30-Mar	Auckland, NZL
Maryam Usman	1990	NGR	113.09	115	150	265	16-May	Strand, RSA
Deborah Lovely	1983	AUS	90.60	112	140	252	7-Jun	Melbourne, AUS
Geeta Rani	1981	IND	111.22	99	125	224	30-Apr	Kanazawa, JPN
Narita Viliamu	1989	NIU	136.82	90	120	210	30-Mar	Auckland, NZL
Kefilini Tualau	1984	TGA	137.86	90	110	200	30-Mar	Auckland, NZL
Tracey Lambrechts	1985	NZL	89.22	87	107	194	24-May	Rovaniemi, FIN
Caroline Girard	1982	CAN	78.90	83	105	188	2-Feb	Montreal, CAN
Nurul Liyana	1989	MAS	109.40	76	96	172	8-Jun	Marang, MAS
Shalinee Valaydon	1986	MRI	95.44	72	92	164	16-May	Strand, RSA
E.R. Jayathilake	1992	SRI	78.50	65	87	152	25-Apr	Kandy, SRI
Hasifa Namusoke		UGA	83.00	67	75	142	26-Apr	Kampala, UGA
Sandra Vokroj-Smith	1962	ENG	95.76	55	80	135	18-May	Bohumin, CZE
Luisa Peters	1993	COK	79.48	48	60	108	30-Mar	Auckland, NZL
Abigail Walters	1993	WAL	94.20	48	60	108	23-Feb	Holyhead, Wales, GBR
Claire Cameron	1958	SCO	94.10	42	59	101	18-May	Bohumin, CZE
Eguwan Garoa	1991	NRU	79.4	40	50	90	25-Apr	NRU