

**BY-LAWS OF NEW SOUTH WALES WEIGHTLIFTING ASSOCIATION
INC.**

1. ATTIRE

- 1.1.1** No member may participate in a weightlifting competition in any capacity wearing attire, which carries an emblem or logo other than the emblem or logo the major sponsor of the Association unless such, attire is deemed appropriate by the appropriate Association official present at the competition.
- 1.1.2** The Association may give permission to a member to enter into an arrangement for personal sponsorship under which the member is obliged to publicise the personal sponsor. No member may enter such an arrangement without first seeking and receiving the approval of the Association.
- 1.1.3** This by law does not apply to the logo or emblem of :-
- (a)** The manufacturer of any item of clothing, provided that the manufacturers logo or emblem is the original logo or emblem which provided it does not conflict with any major sponsor of the Association.
 - (b)** The logo or emblem of the NSW Weightlifting Association or of the Australian Weightlifting Federation, or of the International Weightlifting Federation.
 - (c)** The logo or emblem of the school, which the member is currently attending.
- 1.2.1** The Association may supply an item or items of attire to a member for his or her use during a particular competition or for activities associated with the competition.
- 1.2.2** Any such member must, unless he or she has a good reason not to use such item, use such attire during the competition and for purposes associated with the competition (as the case may be). If, for instance, a member is supplied with a tee-shirt for use during a competition, but the member may be permitted to compete without wearing any tee-shirt, and will be regarded as having a good reason for failing to wear the item of clothing provided. Any member who, without good excuse, wilfully fails or refuses to use such attire for such purposes will not be permitted to take further part in the competition after such failure or refusal.

- 1.3.1** If the Association supplies any item of attire for the use of any member or official who is a member of a State team, that member must wear such item of attire as is appropriate during all activities concerned with and incidental to the competition in which such State team competes unless he or she has a reasonable excuse not to wear such attire at that time.
The Team Manager or other appropriate team official shall determine if the member has a reasonable excuse to not wear such item of attire at the material time.
- 1.3.2** The wilful failure or refusal without reasonable excuse of any such member or official to wear such supplied attire as is appropriate shall constitute an unconditional withdrawal by the member from the team for no good cause, and such member shall be sent to NSW at his or her own cost.
- 1.4** No member shall allow himself or herself to be photographed or video-recorded by any media representative if he or she is wearing any item of attire which carries the logo or name of any person, firm or corporation other than the major sponsor of the Association save and except that he or she may do so pursuant to an arrangement for personal sponsorship which has been approved by the Association.
- 1.5** During all activities calculated to gain media or public exposure for any member in his or her capacity as a weightlifter, he or she must wear a Tee shirt or tracksuit top (whichever is appropriate) carrying the name logo of the major sponsor. He or she must not wear any item of attire which publicises any person, firm or corporation other than the major sponsor. He or she must not carry out such activities in association with signage, which promotes any person or firm or corporation, which is inconsistent with the interests of the major sponsor. This part of this by-law does not apply to any activities carried out pursuant to an agreement for personal sponsorship, which has been approved by the association.
- 1.6** For the purpose of this by-law, the major sponsor for the time being is the person, firm or corporation, which is determined by the Executive Director to be the major sponsor.

2. COMPETITIONS

Calendar Events:

- 2.1 All proper results in weightlifting competitions, which are fixed on the Association calendar by the NSW A shall be recognised by the Association.**
- 2.2 No club may stage an official competition without first seeking and receiving the approval of the Association. The club must apply in writing to the Executive Director for permission to hold such competition at least 28 days prior to the proposed date of the competition. The results in any competition for which approval has not been granted will not be recognised by the Association.**
- 2.3 No person may participate in a weightlifting competition as an athlete, official, or coach unless he or she is a member of the Association. No person purporting to be a competitor may enter the competition area, the weigh in room, or the warm up area unless he or she is a member. This by – law does not apply tp properly accredited members of the media or other invited guests of the Association.**

Special Events:

- 2.4 Any affiliation Club may apply to the NSW A for permission to hold a Special Event competition provided that there is a specific reason for the holding of the event, and that it is conducted in accord with the Rules of weightlifting as recognised by the Association. It is the responsibility of the Club to obtain the attendance of three properly qualified referees for Special Events. Results achieved in Special Event competitions, including records, will be recognised by the Association.**

Club Competitions

2.5

Any Club which is affiliated, with the Association may hold a Club competition.

It is the responsibility of the Club to arrange for the attendance of three qualified referees for the purpose of a Club competition.

2.5.1

No result in any such competition will be recognised unless the competition is conducted in accordance with the Rules of weightlifting and in accordance with these by-laws, or the competition is a calendar event.

2.5.2

A Club which conducts a competition, must have a certified set of scales.

2.5.3

The Association shall not recognise the results claimed in any competition conducted by any Club unless the Club is affiliated with the Association.

General

2.6.1

The Association will not recognise the results of any competition unless there are at least three competitors.

2.6.2

All weightlifting competitions, whether a Calendar, Special or Club event must be refereed by at least two State referees and one other properly qualified referee. It is the responsibility of the Club conducting the competition to ensure the attendance of the requisite referees.

2.6.3

Competition results on the prescribed form and signed by all three referees must be forwarded to the Association office within seven days of the completion of the competition.

2.6.4

No Club nor any individual member may take part in any contest, training camp, or other weightlifting activity outside the State of NSW without first seeking and obtaining the approval of the Association at least 30 days, or some other lesser time decided by the Association, prior to the proposed contest, camp, or other activity.

2.6.5

No Club nor any individual member⁴ may invite any lifter or person from outside the State of NSW to take part in any contest,

training camp, or other weightlifting activity within the State without first seeking and obtaining the approval of the NSW A at least 30 days, or some other lesser time decided by the Association, prior to the proposed contest, camp or activity.

- 2.6.6 No member may take part in any competition, which has been refused approval by the NSW A.

3. CLUBS

- 3.1 Members may nominate a Club with which he or she desires to affiliate at the time at which he or she submits the annual subscription to the Association. The member must not compete for any other Club until the ensuing calendar year.
Full time students may compete for the school, which he or she attends while at the same time remaining a member of a club other than their school club.

- 3.2 If a Club ceases to be active for a period of twelve months, the Association may withdraw recognition from that Club.

4 CHAMPIONSHIPS

- 4.1 The closing date for entries for the NSW Championships is three weeks prior to the date fixed for the event, or such other period as the Association may decide.
- 4.2 When it is required that an athlete achieve a qualifying total before he or she is eligible to enter a championship, that qualifying total must be achieved in a Calendar or Special Event during the twelve months immediately preceding the relevant championship.
- 4.3 When it is required that an athlete achieve a qualifying total before he or she is eligible for selection in a State or National team, such qualifying total must be achieved in a National, State or Special Event competition, or in an international competition.

5. MEMBERSHIP APPLICATION AND FEES

5.1 Applications to join the Association must be received by the Association at least 48 hours prior to the meeting of the Association which is to consider the application. Applications received after that time will be considered by the ensuing meeting of the Association.

5.2 The Association may fix and levy a fee which is to be paid to the Australian Weightlifting Federation on account of the capitation fee fixed by the Federation from time to time.

5.3.1 The annual membership fee shall, upon acceptance of the applicant's application for membership, entitle the member to the membership of the Association in respect of the period from the first day of January until the thirty first day of December of the current calendar year.

5.3.2 The annual membership of any member which is not renewed on or before the first day of March of the year next ensuing shall thereupon lapse.

6. RECORDS

All claims of State records must be ratified by the Association before they may be recognised. All feats claimed as State records must be adjudicated by at least two State and one other properly recognised referee. All claims for records must be made on the Result Sheet of the competition, signed by the three adjudicating referees, and forwarded to the Association Record Keeper within seven days of the competition in which the record claimed was achieved.

BY LAW – COACHING

PURPOSE

To ensure as far possible that all activities by members, whether in the course of competition or training, whether on the competition platform or in the warm up area, are performed correctly and safely in accordance with the rules of weightlifting, and to ensure that all competitors are covered by insurance at all material times.

DEFINITION

“Coaching” means all activities connected with the development of skills and conditioning in the sport of Weightlifting and includes:-

Giving advice as to Weightlifting techniques, weights to be attempted or tactics to be employed.

Giving assistance with respect to Weightlifting technique, weights to be attempted or tactics to be employed.

Making any suggestions as to Weightlifting technique, weights to be attempted or tactics to be employed.

Acting as a mentor with respect to Weightlifting technique, weights to be attempted or tactics to be employed.

Whether the advice, assistance, suggestion or mentoring is given in respect of actions performed or to be performed during lifts in the course of a competition, or in respect of any actions performed or to be performed in the course of out of competition training to participate in the sports of Weightlifting.

“Coach” means any person who carries out any of the activities of coaching.

“Competition” means the Weightlifting competition in which the person being coached is competing.

COACHING BY UNQUALIFIED PERSONS PROHIBITED

1. No person may act or purport to act or offer to act as a coach in the course of any competition or at any training venue conducted by or under the auspices of the Association unless he or she has a qualification to coach Weightlifting which qualification is recognised by the Australian Weightlifting Federation Inc. or the NSW Weightlifting Association Inc.
2. A qualified coach may be assisted by another person or persons who is /are not qualified to coach PROVIDED ALWAYS that such other person is at all times acting under the supervision and at the direction of the qualified coach.
And such a person fully understands the Australian Weightlifting Federation Coach’s Code of Ethics and has signed on agreeing to maintain behavioural standards that form the “Code OF Ethics”.