

FRIDAY 28 APRIL 2023		#	WEIGH-IN	PRESENTATION
1	Women F45-F71	15	5.00pm - 6.00pm	7.00pm

SATURDAY 29 APRIL 2023		#	WEIGH-IN	PRESENTATION
2	Women Masters 50+	14	7.00am - 8.00am	9.00am
3	Men Masters 50+	12	9.30am - 10.30am	11.30am
4	Women Masters 40-49	19	12.00pm - 1.00pm	2.00pm
5	Men Masters 50+	16	3.00pm - 4.00pm	5.00pm

SUNDAY 30 APRIL 2023		#	WEIGH-IN	PRESENTATION
6	Men M55-M81	11	7.00am - 8.00am	9.00am
7	Women Mst 35-39 & F76-F87+	20	9.00am - 10.00am	11.00am
8	Men Masters 35-39	9	12.00pm - 1.00pm	2.00pm
9	Men M89-M109+	13	2.00pm - 3.00pm	4.00pm

SESSION 1 (15 ATHLETES)					WEIGH IN 5:00 - 6:00		
FRIDAY 28 APRIL 2023					PRESENTATION 7:00		
LOT	LIFTER	DOB	CLUB	CAT	MST	OPEN	TEAM
32	Jessica Leask	2004	Urban Base Fitness	F45		✓	
121	Jianne Gungon	1998	Omni Weightlifting	F49		✓	
56	Juliana Ghetto	2006	HrdKAW Weightlifting Club	F55		✓	
66	Alexandra Hoyle	1991	RAW Barbell Club	F64		✓	
67	Verity Park	1992	Shred Barbell Club	F64		✓	
148	Brenna Kean	1995	Guest	F64		✓	
165	Isabella Cortes Sadovnik	1997	Uplift Gym	F64		✓	
179	Sabah Chamoun	2000	Summer Hill Weightlifting	F64		✓	
15	Siriyakorn Chaimueangmun	1999	Uplift Gym	F71		✓	
54	Jasmine Arnold Leggo	1994	Uplift Gym	F71		✓	
76	Christie Dutra	2000	Uplift Gym	F71		✓	
83	Lobelia Laycock	2000	Uplift Gym	F71		✓	
90	Imogen Clements	1995	Montage Barbell Club	F71		✓	
91	Elysha Casey	1992	Atletika Weightlifting Club	F71		✓	
135	Lara Bigatton	2002	Uplift Gym	F71		✓	

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<b>SESSION 2 (14 ATHLETES)</b>					<b>WEIGH IN 7:00 - 8:00</b>		
<b>SATURDAY 29 APRIL 2023</b>					<b>PRESENTATION 9:00</b>		
<b>LOT</b>	<b>LIFTER</b>	<b>DOB</b>	<b>CLUB</b>	<b>CAT</b>	<b>MST</b>	<b>OPEN</b>	<b>TEAM</b>
168	Cathy Mason	1956	Shire Speed & Strength	F71	65-69		
96	Julie Austin	1958	Inner West Barbell	F87	65-69		
171	Mary Macken	1961	HrdKAW Weightlifting Club	F49	60-64		
35	Alexis Webb	1963	HrdKAW Weightlifting Club	F81	60-64		
48	Jana Truban	1968	Six Feat Weightlifting	F59	55-59		
8	Alison Peachey	1968	Shire Speed & Strength	F64	55-59		
50	Claudia Duve	1966	Hills Barbell Club	F71	55-59		
73	Elena Macnamara	1967	COR Weightlifting Team	F71	55-59		
51	Leanne Cheal	1968	Six Feat Weightlifting	F76	55-59		
105	Zehrina Hajdic	1967	Six Feat Weightlifting	F81	55-59		
17	Leisa Hinschen	1972	REC Gym Barbell Club	F76	50-54		
44	Samantha Annakin	1973	MM Weightlifting House	F76	50-54		
117	Linda Eades	1970	Hills Barbell Club	F81	50-54		
129	Cherina Rajeevan	1970	RAW Barbell Club	F87	50-54		

<b>SESSION 3 (12 ATHLETES)</b>					<b>WEIGH IN 9:30 - 10:30</b>		
<b>SATURDAY 29 APRIL 2023</b>					<b>PRESENTATION 11:30</b>		
<b>LOT</b>	<b>LIFTER</b>	<b>DOB</b>	<b>CLUB</b>	<b>CAT</b>	<b>MST</b>	<b>OPEN</b>	<b>TEAM</b>
106	Mark Livingston	1952	Sydney High Weightlifting	M81	70-74		
149	Bouachanh Thongvilu	1961	Uplift Gym	M73	60-64		
37	Edward Mandla	1963	Titans High Performance	M96	60-64		
80	Stephen Craven	1963	Newcastle Weightlifting Club	M109+	60-64		
104	Paul Dewar	1960	Six Feat Weightlifting	M109+	60-64		
63	George Ivanovski	1968	Illawarra Weightlifting Club	M61	55-59		
4	Andrew Stavroulakis	1967	Olympic Gym	M89	55-59		
122	Steve Brady	1968	Bears Lifting	M89	55-59		
43	Matthew Stenning	1966	HrdKAW Weightlifting Club	M102	55-59		
89	Alvin Salalila	1971	Hills Barbell Club	M67	50-54		
109	Brian Bramble	1972	HrdKAW Weightlifting Club	M73	50-54		
82	Nicholas Reissis	1970	Olympic Gym	M109	50-54		

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<b>SESSION 4 (19 ATHLETES)</b>						<b>WEIGH IN 12:00 - 1:00</b>	
<b>SATURDAY 29 APRIL 2023</b>						<b>PRESENTATION 2:00</b>	
<b>LOT</b>	<b>LIFTER</b>	<b>DOB</b>	<b>CLUB</b>	<b>CAT</b>	<b>MST</b>	<b>OPEN</b>	<b>TEAM</b>
127	Joy Briggs	1977	Illawarra Weightlifting Club	F59	45-49		
138	Kimmie Coulston	1974	Shire Speed & Strength	F59	45-49		
18	Apsar Shaik	1975	RAW Barbell Club	F64	45-49		
178	Enif Alvarez Bravo	1976	Atletika Weightlifting Club	F64	45-49		
128	Kate O'Connor	1976	Shred Barbell Club	F71	45-49		
158	Nicola Crowley	1977	Bears Lifting	F71	45-49		
167	Loren Bartley	1975	Hills Barbell Club	F71	45-49		
103	Jun Yue	1982	Burwood High Performance	F49	40-44		
1	Betania Ramos Costa	1980	Illawarra Weightlifting Club	F55	40-44		
156	Bonna Valdecanas	1981	Atletika Weightlifting Club	F55	40-44		
114	Paula Barros Figueiredo	1981	Atletika Weightlifting Club	F59	40-44		
21	Mattie Whaanga	1980	Uplift Gym	F64	40-44		
126	Sarah Esteban	1983	COR Weightlifting Team	F64	40-44		
13	Claire Wilson	1982	Atletika Weightlifting Club	F71	40-44		
77	Natalie Grant	1981	HrdKAW Weightlifting Club	F71	40-44		
142	Kelley Woodman	1981	MM Weightlifting House	F71	40-44		
155	Jessica Greacen	1983	Six Feat Weightlifting	F71	40-44		
173	Helen Adair	1980	Port Macquarie Weightlifting	F87	40-44		
150	Danica Hampton	1979	Atletika Weightlifting Club	F87+	40-44		

<b>SESSION 5 (16 ATHLETES)</b>						<b>WEIGH IN 3:00 - 4:00</b>	
<b>SATURDAY 29 APRIL 2023</b>						<b>PRESENTATION 5:00</b>	
<b>LOT</b>	<b>LIFTER</b>	<b>DOB</b>	<b>CLUB</b>	<b>CAT</b>	<b>MST</b>	<b>OPEN</b>	<b>TEAM</b>
34	David Rappo	1977	Titans High Performance	M61	45-49		
107	Darren Shaw	1976	Nomad Barbell Club	M81	45-49		
161	Scott Cameron	1976	Empower Strength& Perform	M81	45-49		
108	Matt Meddows	1977	MM Weightlifting House	M96	45-49		
6	Drew Mctavish	1975	Marrickville Weightlifting Club	M109+	45-49		
7	Gustav Nest	1977	HrdKAW Weightlifting Club	M109+	45-49		
162	Luke Norton	1978	MM Weightlifting House	M109+	45-49		
116	Kinh Luan Luong	1981	RAW Barbell Club	M67	40-44		
102	Leonardo Borges Barbosa	1983	Atletika Weightlifting Club	M73	40-44		
45	Tan Nguyen	1982	RAW Barbell Club	M81	40-44		
64	Fabian Garcia	1979	Hills Barbell Club	M81	40-44		
174	Reth Mulvihill	1983	Atletika Weightlifting Club	M81	40-44		
140	Vianni Tolaram	1983	OSE Weightlifting Club	M89	40-44		
27	Hui-Hsien (Alvin) Chen	1979	OSE Weightlifting Club	M96	40-44		
87	Jay Watson	1981	Shred Barbell Club	M102	40-44		
20	Wayne Cohen	1983	RAW Barbell Club	M109	40-44		



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<b>SESSION 6 (11 ATHLETES)</b>						<b>WEIGH IN 7:00 - 8:00</b>	
<b>SUNDAY 30 APRIL 2023</b>						<b>PRESENTATION 9:00</b>	
<b>LOT</b>	<b>LIFTER</b>	<b>DOB</b>	<b>CLUB</b>	<b>CAT</b>	<b>MST</b>	<b>OPEN</b>	<b>TEAM</b>
110	Noah Weir	2007	Titans High Performance	M55		✓	
133	Daniel Vong	1993	House of Chaos Weightlifting	M67		✓	
11	Martin-Khai Tran	1997	COR Weightlifting Team	M73		✓	
36	Vincent Wang	1994	Burwood High Performance	M73		✓	
58	Jack Yang	1994	Burwood High Performance	M73		✓	
29	Bao-Du Bui	2001	Atletika Weightlifting Club	M81		✓	
31	Mark Guanzon	1998	Uplift Gym	M81		✓	
61	Osman Hernandez Dhin	1998	Uplift Gym	M81		✓	
74	Win Lynn	2002	Burwood High Performance	M81		✓	
95	Tianfan Wang	1989	Atletika Weightlifting Club	M81		✓	
180	Aryan Chauhan	2004	Burwood High Performance	M81		✓	

<b>SESSION 7 (20 ATHLETES)</b>						<b>WEIGH IN 9:00 - 10:00</b>	
<b>SUNDAY 30 APRIL 2023</b>						<b>PRESENTATION 11:00</b>	
<b>LOT</b>	<b>LIFTER</b>	<b>DOB</b>	<b>CLUB</b>	<b>CAT</b>	<b>MST</b>	<b>OPEN</b>	<b>TEAM</b>
113	Erika Opali	1985	RAW Barbell Club	F55	35-39		
123	Cary Huynh	1984	RAW Barbell Club	F55	35-39		
41	Linda Nguyen	1986	OSE Weightlifting Club	F59	35-39		
81	Candy Brown	1984	The Functional Effect	F64	35-39		
100	Abigail Joven	1985	Burwood High Performance	F64	35-39		
132	Gabrielle Crocker	1987	OSE Weightlifting Club	F64	35-39		
144	Briana Clifford	1988	Marrickville Weightlifting Club	F64	35-39		
151	Parisa Haeri	1986	OSE Weightlifting Club	F64	35-39		
153	Sarah Kelly	1988	OSE Weightlifting Club	F64	35-39		
46	Tina Kaizen	1988	RAW Barbell Club	F71	35-39		
52	Angelique Stap	1986	RAW Barbell Club	F76	35-39		
10	Stevie-Lee Price	1988	Montage Barbell Club	F87+	35-39		
69	Dimitra Tsiliaskopoulos	1984	Titans High Performance	F87+	35-39		
71	Hayley Latta	1988	House of Chaos Weightlifting	F87+	35-39		
65	Emily Dickson	1996	Six Feat Weightlifting	F76		✓	
101	Emily Atton	1991	Guest	F76		✓	
14	Katelyn Leong	1994	Atletika Weightlifting Club	F87+		✓	
78	Alyssa Walter	1990	RAW Barbell Club	F87+		✓	
92	Jasmine Stimson	1996	Uplift Gym	F87+		✓	
139	Hayley Squires	1996	REC Gym Barbell Club	F87+		✓	

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SESSION 8 (9 ATHLETES)						WEIGH IN 12:00 - 1:00	
SUNDAY 30 APRIL 2023						PRESENTATION 2:00	
LOT	LIFTER	DOB	CLUB	CAT	MST	OPEN	TEAM
12	Andrew Custodio	1987	Burwood High Performance	M73	35-39		
47	Kinh Ly Luong	1985	RAW Barbell Club	M73	35-39		
124	Gustavo Vieira	1988	OSE Weightlifting Club	M73	35-39		
19	Mike Abad	1988	Bears Lifting	M81	35-39		
30	Vu Tran	1985	RAW Barbell Club	M81	35-39		
26	Wayne Park	1987	Shred Barbell Club	M89	35-39		
60	David Hood	1987	OSE Weightlifting Club	M89	35-39		
97	Dave Brain	1985	OSE Weightlifting Club	M89	35-39		
57	Tomasz Kolasa	1986	Atletika Weightlifting Club	M96	35-39		

SESSION 9 (13 ATHLETES)						WEIGH IN 2:00 - 3:00	
SUNDAY 30 APRIL 2023						PRESENTATION 4:00	
LOT	LIFTER	DOB	CLUB	CAT	MST	OPEN	TEAM
2	Jason Zhi Cheng Zhu	1998	Atletika Weightlifting Club	M89		✓	
75	Matthew Sabio	2003	Uplift Gym	M89		✓	
111	Hayden Dark	1995	Montage Barbell Club	M89		✓	
118	Bryan Ngo	1997	Burwood High Performance	M89		✓	
134	Aiden Woollam	1999	Uplift Gym	M89		✓	
136	Mark Grinham	1992	Montage Barbell Club	M89		✓	
141	Sem-Edmund Tang	1999	Uplift Gym	M89		✓	
147	Simon Cox	1996	Titans High Performance	M89		✓	
33	Adrian Carey	1989	RAW Barbell Club	M102		✓	
85	Alexander Tittle	1992	Atletika Weightlifting Club	M109		✓	
146	David Groom	1988	Titans High Performance	M109		✓	
152	Jackson Roberts-Young	1996	Shire Speed & Strength	M109		✓	
143	Steven Luo	1995	Burwood High Performance	M109+		✓	

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