

NSW Weightlifting Association

Athlete Attire Policy

- as of 1 January 2022 -

The purpose of the NSWWA Athlete Attire Policy is to provide guidelines on the requirements and use of NSW apparel and to ensure minimum standards of uniform are complied with at all official NSWWA and AWF competitions.

1. Objectives

- 1.1 To ensure that athletes representing NSWWA at national age championships have a consistent and clearly recognisable identity.
- 1.2 To encourage unity and belonging between NSWWA athletes.
- 1.3 To provide guidelines on the minimum standards of uniform to be worn at all NSWWA endorsed competitions.

2. Attire at Competitions

- 2.1 Athletes competing at endorsed Club or Open competitions must adhere to the following uniform requirements:
 - 2.1.1 Wear a one-piece lifting suit that complies with the IWF Technical Rules. Lifting suits may be plain or represent the Club the lifter is registered with in that year or be the NSW lifting suit.
 - 2.1.2 Wear a two-piece costume (e.g. bike shorts and a collarless t-shirt or singlet). The costume must cover the torso (i.e. no bare midriff) but must not cover the elbows or knees. The t-shirt/singlet may be plain or represent the Club the lifter is registered with in that year or be the NSW t-shirt. NOTE: This option is for novice lifters only.
 - 2.1.3 Wear an official school sports uniform that meets the standard in 2.1.1 or 2.1.2
 - 2.1.4 Athletes under 13 are not required to wear a one-piece lifting suit but may do so and would otherwise wear a suitable two-piece costume as per 2.1.2
- 2.2 Athletes competing at a NSWWA Championship event must wear a one-piece lifting suit that complies with the IWF Technical Rules. Lifting suits may be plain or represent the Club the lifter is registered with in that year or be the NSW lifting suit.
- 2.3 Athletes competing at an AWF Championship event (e.g. U15/Youth, Junior/U23, Senior, Masters), or any other state versus state event, are required to compete wearing the NSW lifting suit.
- 2.4 Australian representative lifting suits are only to be worn at international competitions.
- 2.5 Representative lifting suits from other countries are not to be worn at any NSWWA event.
- 2.6 No personal sponsor logos, insignia or naming are permitted on lifting suits.
- 2.7 All attire must be clean and in good condition.

3. AWF Championship Events

3.1 Athletes must wear the following attire for the athlete presentation and medal ceremony:

3.1.1 NSWWA t-shirt

3.1.2 Enclosed footwear (e.g. weightlifting shoes or sports shoes)

3.1.3 Other NSWWA apparel as available

3.2 At official team photos all athletes must wear a NSWWA t-shirt or other NSWWA apparel as available.

3.3 When supporting fellow team members athletes are expected to wear NSWWA apparel.

3.4 Team management (Manager/Coaches) are responsible for ensuring that lifters are wearing the correct uniform.

4. Media Interviews

4.1 Athletes taking part in media interviews must wear a NSWWA t-shirt or other NSWWA apparel as available.

Communication and Support for Members

This Policy will be made available on the NSWWA website and will be emailed to all Clubs.

Policy review date: 1 January 2024