



Tamworth Open Competition

Sat 24 September 2022
DRAFT ENTRIES

WEIGH IN 8:00 - 9:00				
SESSION 1 (8 ATHLETES)				
PRESENTATION 10:00				
LOT	LIFTER	DOB	CLUB	B/W
25	Kate Brown	1996	Empower Strength & Performance	F49
20	Ashlee Peet	1993	Empower Strength & Performance	F64
9	Kristy Whiting	1996	Snake Athletic	F71
11	Miranda Smart	1991	Six Feat	F76
30	Renaë Cleary	2001	Port Macquarie Weightlifting	F76
10	Helen Adair	1980	Port Macquarie Weightlifting	F87
2	Gabrielle Hannaway	1993	Port Macquarie Weightlifting	F87+
23	Veronica Pearson	1972	Snake Athletic	F87+

WEIGH IN 10:00 - 11:00				
SESSION 2 (6 ATHLETES)				
PRESENTATION 12:00				
LOT	LIFTER	DOB	CLUB	B/W
27	Jordan Jeffries	1993	Snake Athletic	M73
24	Mitch Thompson	1981	Snake Athletic	M89
12	Simon Callander	1983	Inner West Barbell Club	M96
13	Jordan Letcher	1985	Port Macquarie Weightlifting	M96
22	Matthew Park	1995	Snake Athletic	M96
5	Drew Mctavish	1975	Inner West Barbell Club	M109+

Verification of entries by 7pm Thursday 22 September 2022 to:

info@nswweightlifting.com.au

All lifters must have an AWF qualified coach at the competition.

Coaches must be current capitated members of the AWF.

